deals

Now 2x monthly!

April 30-May 13, 2025

Scan to download!





Stock up on delicious snacks

55

Chocolove Chocolate Bar selected varieties





111

SOUR CREAM & ONION Larabar Fruit & Nut Bar selected varieties





Panda Licorice selected varieties





The Good Crisp Company Potato Crisps selected varieties



5.6 oz

GT's Alive Ancient Mushroom Elixir selected varieties





(\$\$

Late July Tortilla Chips selected varieties







ALAPENO LIME MININE MININE MININE MININE MININE MININE Mary's Gone Crackers Organic Crackers selected varieties



Harmless Harvest Organic Coconut Water

5 oz





Look for new deals on May 14!

Annie's Organic Mac & Cheese



Lotus Foods Rice Ramen selected varieties



Ancient Harvest Organic Polenta

2.8 oz

selected varieties





18 oz



Set the table with Siete Foods! Siete is a Mexican-American food brand that creates delicious heritageinspired products with thoughtfully selected ingredients—like avocado oil and organic beans. Enjoy Siete's Refried Black Beans (and more!) with friends and familia because Juntos es Mejor.



Siete Seasoning selected varieties



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1–1.31 oz
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California Olive Ranch Extra Virgin Olive Oil selected varieties

ALIFORN



16.9 oz

(99

Rao's Pasta Sauce selected varieties

24 oz

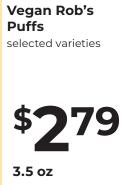
California Olive Ranch Extra Virgin Olive Oil selected varieties



25.4 oz



California Olive Ranch is exceptionally committed to high quality Extra Virgin Olive Oil. Our awardwinning Global Blend Extra Virgin Olive Oil is crafted by the world's best olive growers, offering a balanced flavor that's perfect for everyday cooking.







Siete Refried Beans selected varieties



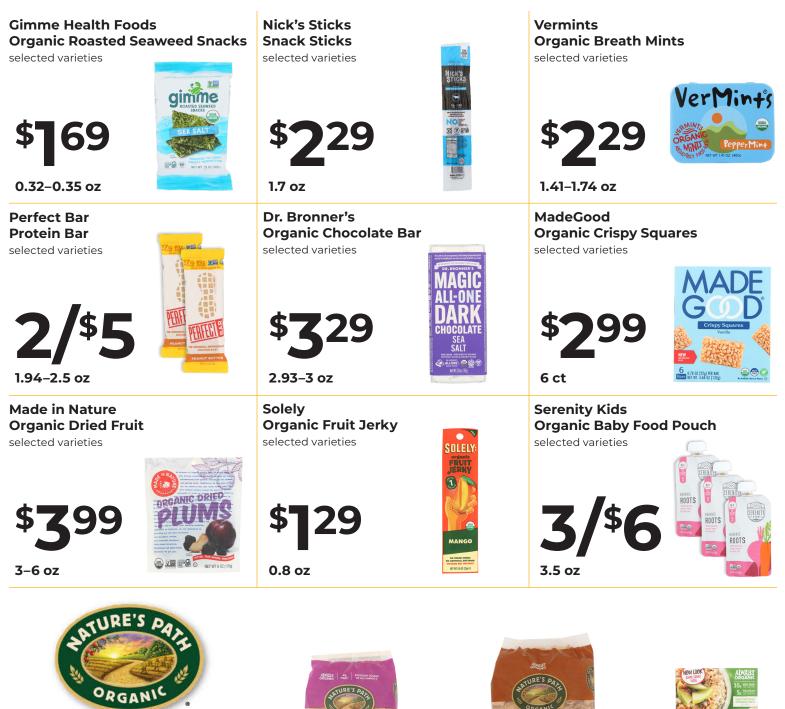
15.5–16 oz



Siete Kettle Cooked Potato Chips selected varieties



5.5 oz



For over thirty years, Nature's Path has been a pioneer in the organic food movement. Although our family-owned company was founded in 1985, we have a long tradition of organic food and farming that began much earlier. It is our mission to provide families with nourishing organic foods while leaving the earth better than we found it!



Nature's Path **Organic Mesa Sunrise** selected varieties



23-26.4 oz

Heritase flakes 🐫 Nature's Path

Organic Heritage Flakes selected varieties



26.4-32 oz



Nature's Path **Organic Oatmeal** selected varieties



Crofter's Organic Organic Premium Fruit Spread selected varieties





16.5 oz

Vita Coco **Coconut Water** selected varieties



1 lt

Forager Project Organic Cashew & Coconut Yogurt Alternative selected varieties



24 oz

Bubbies Sauerkraut selected varieties





Forager

Organic

Cashew & Cocorut Yogurt Alternative

Catalina Crunch Keto Friendly Cereal selected varieties



From The Ground Up **Cauliflower Crackers** selected varieties









4 oz

Crunchmaster

selected varieties

\$799

R.W. Knudsen

Morning Blend Juice

Multi-Seed Crackers



organic

almond

NO ANTIFICAL CO MAR

CRUNCHMASTER

ORIGINAL

Dive Oil

Three Trees Organic Almondmilk selected varieties





GoodPop **Organic Dairy-Free Frozen Pops** selected varieties



4 ct

Waterloo **Sparkling Water** selected varieties JATERLON 29 12/12 oz

Kerrygold Cheese selected varieties



7 oz

Canyon Bakehouse Gluten Free Bread selected varieties



18 oz



549



Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days during the promotion window.

Nuun
Sport Hydration Tablets
selected varieties

\$**4**99

Natural Factors

\$7

60 vcap

16 oz

Aura Cacia

Nature's Way

99

Chlorofresh Liquid Chlorophyll

10 ct

Organic India Organic Psyllium Husk

\$**71**99

12 oz

Carlson **Cod Liver Oil** Vibrant Health **Green Vibrance**





Garden of Life **Dr. Formulated Probiotics Once Daily Women's**





ChildLife **Liquid Multi Vitamin & Mineral**





Andalou Naturals Shampoo or Conditioner selected varieties





R99 500 ml **Om Mushrooms** WellBetX[®] Berberine 1000 mg **Organic Lion's Mane** WellBetX

699 \$



799

Alaffia **EveryDay Shea Body Lotion** selected varieties



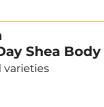


AURA CACIA

LAVENDER

NET .5 FL 02 (15m







\$

16 oz

0.5 oz

R49

Lavender Essential Oil

vau LOROFRE

Berberine 1000 mg





ORGANIC

PSYLLIUM

Cod Liver

Oil

S 📶 🖨 50

LION'S MANE





11.5 oz

Chocolate Chia Seed Pudding

5 MIN PREP + 2-4 HR CHILLING TIME · SERVES 2-3 · VEGETARIAN

INGREDIENTS

1 cup milk (whole, almond, oat, etc.)
½ cup plain yogurt
1 teaspoon vanilla extract
¼ cup chia seeds
2-4 tablespoons agave syrup
3 tablespoons cocoa powder, sifted
1 teaspoon mushroom powder
Pinch of salt
Shaved chocolate, for garnish
Sliced almonds, for garnish
Mint leaves, for garnish

DIRECTIONS

 Whisk together all ingredients through salt in a mixing bowl until smooth. Adjust sweetness to taste and place in the refrigerator for 2–4 hours to thicken.

2 Spoon pudding into serving dishes and garnish with shaved chocolate, sliced almonds, and mint leaves.



Proud member of INFRA.

As part of the Independent Natural Food Retailers Association, we're able to provide you with savings on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

INFRA Deals are available at participating Independent Natural Food Retailers Association member store locations.

For more information and a complete listing, please visit **www.naturalfoodretailers.com** or scan this code.

